



LIFE RESEARCH ACADEMY



" KNOWLEDGE
OF THE SELF
IS LIBERATION
OF THE SELF "

Realize Your True Potential !

- ❖ Your past holds the key to unlock your true potential !
- ❖ Your actions were in the past, but their effects are felt in your present. The past is the cause; the present is the effect. Your past free-choices resulted in your present conditions !
- ❖ You can revisit your past by going through **Past-Life-Regression**.
- ❖ **Past-Life-Regression** enables you to see, re-experience and understand the past life causes with clarity. Once this is done, the present life effects begin to get resolved.
- ❖ This seemingly miraculous process is just the natural manifestation of the Law of cause and effect (also known as *The Law of Karma*).
- ❖ **Past-Life-Regression** ignores external symptoms and focuses on the root causes.
- ❖ The Benefits of **Past-Life-Regression** are evident from the enormous amount of research done in this field all over the world. These studies have shown that 90% of diseases, illnesses and maladies; all have past-life connections.
- ❖ **Past-Life-Regression** works on *Body, Mind, Emotions* and *Spirit* thus leading to improved *Physical Health, Mental stability, Emotional Balance, Harmonious Relationships* and *Spiritual Understanding*.
- ❖ **Past-life-Regression** helps to improve the spiritual quality of your life. *It helps you to know the purpose of your life !*
- ❖ **Past-life-Regression** makes your life easier, better, and more fulfilling in the *present moment*.
- ❖ **Past-life-Regression** helps you to realize your true limitless potential !

What is Past-Life-Regression ?

Past-life-Regression is an altered state of consciousness during which a subject can access memories of his/her past-lives. These memories are not accessible during normal waking consciousness. During **Past-life-Regression** the regressor first takes the subject to deep levels of relaxation and/or uses other **Past-life-Regression** techniques to induce a satisfactory level of altered state of consciousness. Once this is achieved, the subject is gradually regressed to the *in-utero* stage (the period of time spent in the mother's womb). After this, the subject is regressed further to one or more past-lives. In this state, the subject can remember/re-live the past life/lives and deliver the description verbally. The subject continues to remember the experience even after coming out of this state.

Cause and Effect

Past-Life-Regression is based on the root principle of cause and effect (also known as the *Law of Karma*). A cause that has been set in motion some time in the past by a person creates a corresponding effect on the Physical, Emotional, Mental or Spiritual well-being that the person is experiencing in this present moment. The cause may be any one of the following past-experiences: a *desire*, a *thought*, a *feeling*, an *emotion*, a *vow*, a *promise*, a *decision*, an *evasion* or a *traumatic experience*.

Natural Healing

In fully experiencing or re-living the past, in reconnecting to 'lost parts of the self', in integrating previously unacceptable facets, or in allowing oneself to fully relive the feelings and emotions of that life, and in reframing and rewriting the past, in all these, profound natural healing takes place naturally and automatically.



Benefits of Past-Life-Regression

- ❖ **Past-Life-Regression** brings about the healing of chronic diseases through the understanding of karmic patterns and the removal of energy blockages.
- ❖ **Past-Life-Regression** releases oneself from all kinds of specific fears and phobias by having an understanding of their specific causes, which in many cases are present in the previous lives.
- ❖ **Past-Life-Regression** improves vastly one's current inter-personal relationships, thus putting an end to the un-understood clashes and friction with one's present lifetime's relations.
- ❖ **Past-Life-Regression** frees oneself totally from the fear of death, once for all, and gives a great insight into our material lives.
- ❖ **Past-Life-Regression** helps in the retrieval of talents and skills from earlier lifetimes.
- ❖ **Past-Life-Regression** helps to know the Purpose of one's life by viewing the blue print for this lifetime.

Future Progression

Future progression is going forward in time, and experiencing the future events. Future progression gives a direction, clarity of mind and even healing. We are creators of our own reality and we can shape or reframe or re-program or re-design our own lives !

Timeless Wisdom

' Prati-Prasav ' is the process of reabsorbing back to the cause, bringing effect back to the cause. " ' Prasav ' means ' Birth ', ' Prati-prasav ' means you are born again in the memory; you go back to the very birth, the trauma when you were born, and you live it again. Remember, you don't remember it - you live it, you re-live it again. "

- OSHO " Yoga-the Alpha and Omega "

" ' Jati-smaran ' means remembering and re-living one's Past-Lives. This is of critical importance in one's Enlightenment as highlighted by Masters like Sri Krishna, Lord Mahavir and Lord Buddha. "

- Brahmarshi Patriji

" Our task is to learn, to become God-like through Knowledge. We know so little ... By Knowledge we approach God, and then we can rest. Then we come back to teach and help others. "

- **Dr. Brian Weiss** " Many Lives, Many Masters "

The Lord Krishna said : " Many births of mine and yours have passed by, O Arjuna; I know them all, while you know not, O Parantapa ! "

- **Sri Krishna** " Bhagavad Gita "

Life Research Academy

Dr. Newton along with his wife Dr. Lakshmi founded the Life Research Academy in the year 2000. Out of the multifarious activities of the Life Research Academy, the core activities are Past-Life Regression, Breathwork, Spreading the messages of all Self-Realized Spiritual Masters, Spreading Awareness about Vegetarianism and Teaching Meditation. The Life Research Academy conducts free Meditation Classes in Schools, Colleges and other organizations. Dr. Newton and Dr. Lakshmi tour extensively and present seminars and lectures overseas and conduct workshops in India. Currently the Life Research Academy conducts the following courses :

Courses Offered by Life Research Academy

- ❖ Basic workshop on " Past-Life-Regression and Spiritual Science "
- ❖ Advanced Workshop on " Healing Through Enlightenment "
- ❖ Advanced Workshop on " Radiant Relationships "
- ❖ Advanced Workshop on " Spiritual Pregnancy and Pre-birth Communication "
- ❖ Advanced Workshop on " Spiritual Parenting "
- ❖ Advanced Workshop on "The Path to Prosperity and Abundance "
- ❖ Workshop on " Spirituality for Corporate Success "
- ❖ Workshop for children on "Enjoyment and Enlightenment "
- ❖ Workshop on " Age Reversal and Physical Immortality "
- ❖ Workshop on " Breath-work "
- ❖ Past-Life-Regression Therapists Training Program

Help Yourself !

Whether or not one believes in reincarnation, Past-Life-Regression remains a powerful and valid tool for Self-Exploration. Information procured through this procedure is invaluable for personal growth and inner healing.



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**“ What we did yesterday shaped today,
What we do today shapes tomorrow. ”**